

H2020 “Project outline”¹

This document is intended as a summary of the project idea/proposal.

Basic idea: Concise description (no more than 3 lines!) summarising the basic idea of the project. (This should answer the question: “Tell me in 10 seconds what your project is about”).	BOOST: Building social relationships to BOOST resilience in young people <i>(Vaccine: Booster shot: It is intended to increase immunity against that antigen back to protective levels)</i>
Objectives: Describe briefly what you are trying to achieve in the project (Why run this project?)	<p>Overall objective of the project is to contribute to the improvement of mental well-being in children and youth in Europe by building strong and healthy social relationships. Pedagogic environments are key arenas for developing healthy relationships and thus promoting resilience in children and young people. Healthy social relationships have documented effects towards promoting school achievement and mental health, and thus laying the basis for future school attendance, achievement and future employment. In line with the SDGs, the project will have a specific emphasis on vulnerable children and youth populations such as the migrant population.</p> <p>The project will develop and test a social ecological model to build social relationships in pedagogic environments in diverse European settings.</p>
Key Results: What concrete results will be produced within the project itself?	<p>The expected result of the project are the following:</p> <p>An inclusive social ecological model for fostering relationships in school/pre-school and thus building resilience among children and adolescents.</p> <p>An effectiveness study of a pre-school and school intervention based on the model.</p> <p>A cost-effectiveness study of the intervention.</p> <p>Best practice guide on how to integrate participation of young people including vulnerable populations such as</p>

¹ ¹Thanks to SINTEF for letting The Research Council use their previous work on the "one pager" as a template for this "pre-proposal check".

	<p>migrant youth in intervention design.</p> <p>Best practice guide on local adaptation and implementation of model for use by diverse implementation entities (e.g. local governments, municipalities, school, private actors)</p> <p>A study on equity, which will study the intervention's effectiveness on building resilience in vulnerable populations, especially migrant populations.</p>
<p>Impact:</p> <p>Describe what will be made possible when the project has delivered its results and achieved its objectives and these can be taken into use (outside and after the project).</p>	<p>If the model is effective, schools throughout Europe could integrate this model into their pre-school/schools to build social relationships and thus resilience in young people.</p> <p>Different service delivery entities could use the results from this study for planning services or in their own programs for children and youth. Service delivery systems are different from country to country and who would use these results would vary. However, both decision makers and frontline personnel could utilize the results.</p> <p>Results could also be integrated in teacher education programs.</p> <p>The methodology of this study may be applied to other social interventions needing to work on resilience in children/ young people.</p>
<p>European Dimension:</p> <p>Why is it important to perform the project as a co-operation at a European level?</p>	<p>Europe is a culturally and contextually (political, social, and economical) diverse continent and thus it is essential for this diversity to be included in this project to study the relevance and applicability of the model in different settings. In addition, with a large number of migrant and refugee children and youth currently arriving to Europe, ensuring resilience in this population becomes increasingly important.</p> <p>(A total of 1.2 million people sought asylum in the EU in 2015, of which 30% were minors, 100,000 of them were travelling without guardians).</p>

Work Programme topic(s) List the number (eg. ICT) of the <u>one</u> topic in the work programme that you are addressing What are open questions? Clarifying questions to the topic text?	SC1-PM-07-2017 Promoting mental health and well-being in the young Research and Innovation Actions (RIA)
Consortium/partners: How does the consortium comply with the announced project type (funding scheme) ? Who is the coordinator (if not yourself) HAVE (names of definite partners), MIGHT HAVE (names of likely partners) NEED (types of organisations the project needs).	SINTEF Implementation entities in Norway: Norwegian municipalities (Modum, Arendal, Buskerud) Need following type of expertise and project participants: quantitative and qualitative researchers including public health researchers, health promotion researchers, mental health researchers, sociologists, health economists, statisticians, pedagogy experts and migration health. The project also needs intervention implementer entities like municipalities, schools, teachers as well as end users, like student organisations.
Contact:/Role in the project Contact person within your organisation (name+email+phone) What role in the project are you aiming at (Coordinator/partner)?	Stine H. Braathen: stine.h.braathen@sintef.no SINTEF has vast experience in coordinating EU projects and a large support network within the organisation. Trond Myrland: Trond.Myrland@bfk.no
Deadlines:	04 Oct 2016 (First stage) 11 Apr 2017 (Second stage)